GOOD NEWS FOR HOMEMAKERS

KEEP THE MEDICINE CABINET CLEAN and ORDERLY

With Basic Supplies on Hand

It is much easier to find a required medication without making a mistake if the medicine cabinet is kept clean and orderly.

Old medication, greasy residue from salves and general mix-up can be health hazards. Take a few moments from time to time to clean up and clean out the medicine cabinet.

Usually the bathroom sink is nearby. Fill it with hot sudsy water. Remove all items from the cabinet one by one. Discard, where children won't pick up, empty containers, old medicine, especially prescription drugs, and anything not likely to be used again.

Wipe and dry all bottles and jars taking care not to remove labels and directions. Products should be kept in their original containers. Medications without safety caps may be sealed with adhesive tape. Make a list of new supplies that are needed.

Then remove shelves and immerse in the suday water to wash. If shelves are not removable, wash top and bottom with a sponge and use a cotton swab dipped in suds to clean corners and edges. Wash the entire cabinet inside and wipe dry.

Replace the contents. It is wise to store medications for internal and external use on separate shelves to avoid possible confusion. Another good idea is to tape a chart of antidotes for poison and drug overdose inside the door for quick reference. The telephone number of a poison control center, ambulance and doctor are also helpful in an emergency.

Medical authorities and safety experts suggest that the following basic supplies should be in every medicine cabinet: adhesive tape and bandages, sterile gauze and squares, antiseptic to apply to minor cuts after soap and water washing, an oral thermometer for adults and a rectal thermometer for young children, cotton swabs for cleansing and applying medication, tweezers to remove splinters, scissors to cut tape and bandages, a flashlight in case of apower failure, commonly used medications, such as aspirin and bland ointment to soothe minor skin irritations.

RECIPE OF THE WEEK

BLUEBERRY CHEESE PIE

1 cup pecan pieces
2 pie shells
1 - 8 oz. package cream cheese
2 pkgs. whipped topping mix
2 cups powdered sugar (sifted)
1 can blueberry pie filling

Press nuts into pie shells; bake as directed. Follow directions on whipped topping package; beat until thick. Whip confectioner's sugar into cream cheese; add cheese mixture to whipped topping. Pour a layer of cream filling into cooled pie shells; follow with a layer of the prepared blueberry pie filling; then finish with a layer of the cream. Refrigerate about 3 hours before serving.

Pamplin

Our sympathy is extended to Mrs. Carol Layne and family in the death of her husband.

Mr. and Mrs. James Richardson returned home last week after a visit with their son-in-law and daughter, Dr. and Mrs. Lorie Moore and family, Washington,N.C.

Mr. and Mrs. H. W. Coleman are home again after spending Christmas with their sons and daughter in Norfolk.

Visitors in town for the Christmas holidays were Mrs. Reggie Almond,McGuire Veterans Hospital, Mrs. Bascom Williams and son, Emmette, Mr. and Mrs. Harry Davis and Jennifer, Mr. and Mrs. Barry Austin and Jeff, Richmond; Mr. and Mrs. David Savitz, Salem; Mrs. C. V. Wingfield, Mrs. Lucie Bateman, Lynchburg; Mrs. Joe Jurney, Stacy, Kely and Joe, Jr., Danville; Mr. and Mrs. Bill Dudley and Will of Blacksburg; Mr. and Mrs. Billy Ligon, Pam and Billy, Jr., Goode, Mr. and Mrs. Jimmy Ligon and Jimmy, Jr., Raleigh, N.C.; Mr. and Mrs. Robert Spicer and family, Christiansburg, Mr. and Mrs. J. D. Martin, Jr., Appomattox.

Mrs. Harry Baldwin and daughter, Mrs. Donald Bates have returned home after spending Christmas with Mr. and Mrs. George Ray Baldwin, Morristown, Tenn.

Mr. and Mrs. Archer Caldwell, of Lynchburg, visited relatives last Sunday afternoon.

Mrs. Otho Deaner and Mrs. Ferguson of Lynchburg, visited Miss Martha Banton at The Jamerson Home for Aged last Sunday afternoon.

Mr. and Mrs. Johnny Wright of Norfolk were guests of Mr. and Mrs. Emory Davis of Pamplin.

Mr. and Mrs. Gene Davis and children of Hampton were guest of Mr. and Mrs. Emory Davis of Pamplin.

Mr. and Mrs. Eddie Listander of Richmond were week end guest of Mr. and Mrs. Clarence Franklin of Pamplin.

EMERGENCY FIRST AID 352-5425
APPOMATTOX COUNTY RESCUE SQUAD

Santa Claus Visit 4-H Christmas Party

Now what would you like for Christmas was a familiar question ask at a Christmas Party given by the Appomatox Community Senior 4-H Club for deserving children in the first and second grades. The youngsters were transported by 4-H members from school to the United Memorial Methodist Church on December 17. The party started with a variety of games with prizes for the winners. Then three of Santa's eleves entertained the children with songs. Supper was then served which consisted of Hot Dogs, Baked Beans, Potato Chip, Orange Drink, and Cup Cakes. After supper the children were surprised by a visit from Santa himself who had presents for everyone. The 4-H members that attended were: Cindy Guill, Mary Parris, Donald Parris, Baxter Parris, Mike Hancock, Pam Moore, Marcella Lively, Karen Lively, Teresa Lively, Wendy MacIntosh, Susan Campbell, Ricky Wingfield, Bud Rosser, Debbie Rush, Dawn Rush, Freddy Mitchell, Andy Poole, Bill Vaughan, Joe Ford, Sheena Watts, Richard Moore, Judy Zimmerman, Cathy Morris, Steve Cawthorne, Laurie Seln, David Stratton, Dwayne Scruggs, Tamara Nash, Lisa Mitchell, Teresa Watts and Scott Paulette.

MRS. DICKERSON'S CLUB

Our 4-H meeting was on January 4. President Denise Jackson called the meeting to order. Then we had the pledge to the American flag and 4-H flag. Then we played Dog-in-a-bone. Secretary Michael Richardson read the minutes of the last meeting. Then President Denise Jackson asked for old and new business. Then the meeting was turned over to vice president Bruce Sanders who turned it over to Mr. Sweet. Then we talked about public speaking and heard ourself on the tape recorder. President adjourned the meeting.

Janis Richardson, Reporter

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Get an additional dinner FREE

Bring the whole family for this

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all points bulletin
SCHOOLS OPEN!
DRIVE WITH CARE!

Town of Appomattox, Virginia Budget For 1975

General Fund Expenditures

ADMINISTRATIVE

Mayor	$ 600.00
Council	1,100.00
Payrolls	6,018.00
Tax List	480.00
Town Attorney	300.00
Auditor	450.00
Insurance & Bonds	1,000.00
Memberships (VML-CC)	400.00
Office Supplies	1,200.00
Telephone	800.00
Electricity	1,200.00
Office Building Supplies	150.00
Publishing - Ads	300.00
Auto Tags	400.00
School Electricity	130,000.00
Other Reimbursals	600.00
Equipment	4,500.00
Miscellaneous	1,000.00
Supplies Purchased for Others	
Total	**150,498.00**

POLICE DEPARTMENT

Payroll	16,641.00
Car Repair	1,500.00
Insurance	720.00
Prisoner Care	1,500.00
Telephone	200.00
Total	**20,561.00**

FIRE DEPARTMENT

Building Maintenance & Supplies	100.00
Fire Truck Maintenance	300.00
Fire Equipment Supplies	600.00
Payroll	490.00
Oil	400.00
Telephone	132.00
Communications	350.00
Insurance - Truck & Men	720.00
Reserve for New Truck	1,000.00
Annual Supper	500.00
Total	**4,592.00**

STREET DEPARTMENT

Payrolls	6,018.00
Maintenance & Supplies	3,000.00
Sidewalks-Curb & Gutter	3,000.00
Lights	10,500.00
Truck Costs	600.00
Insurance	460.00
Miscellaneous	800.00
Total	**24,578.00**

SANITATION DEPARTMENT

Payrolls	12,036.00
Supplies	150.00
Truck Costs	900.00
Insurance	767.00
Total	**13,853.00**

GENERAL FUND EXPENDITURES

Administrative	150,498.00
Police	20,561.00
Fire	4,592.00
Street	24,578.00
Sanitary	13,853.00
Total	**214,082.00**

GENERAL FUND RECEIPTS

Taxes	35,000.00
Business License	7,500.00
Sales Tax	8,000.00
Bank Stock Tax	12,000.00
Motor Vehicle Tax	34.00
A.B.C. Fund	5,000.00
Gas Tax Refund	300.00
Auto Tags	7,500.00
Court Fines & Costs	3,000.00
School Electricity 130,000.00 Miscellaneous	5,745.00
Supplies Purchased for Others	
Total	**214,082.00**

WATER DEPARTMENT EXPENDITURES

Payrolls	30,090.00
Materials & Supplies	10,000.00
Repairs	700.00
Telephone	200.00
Electricity	4,100.00
Bonds & Interest	
Capital Outlay	5,762.00
Insurance	720.00
Truck & Tractor Costs	1,000.00
Rescue Squad Refund	43.00
Consulting Engineers	300.00
Water Deposits	100.00
Miscellaneous	400.00
Supplies Purchased for Others	10,000.00
Total	**63,415.00**

WATER DEPARTMENT RECEIPTS

Water Sales	38,000.00
Water Taps	3,000.00
Miscellaneous	315.00
Deposits	300.00
Taxes	11,800.00
Supplies Purchased for Others	10,000.00
Total	**63,415.00**

SEWER DEPARTMENT EXPENDITURES

Payrolls	6,018.00
Insurance	767.00
Materials & Supplies	5,000.00
Repairs	400.00
Electricity	600.00
Capital Outlay	2,858.00
Truck & Tractor Costs	440.00
Consulting Engineers	2,400.00
Miscellaneous	300.00
Supplies Purchased for Others 1,000.00	
Total	**19,783.00**

SEWER DEPARTMENT RECEIPTS

Taxes	11,800.00
Sewer Taps	2,400.00
Rental Fees	4,400.00
Miscellaneous	183.00
Supplies Purchased for Others	1,000.00
Total	**19,783.00**

The aboved budget was adopted by the Town Council on December 30, 1974.

H. B. Pack, Mayor
1-9-1t

Free

SILVER DOLLARS

Add $250.00 or more to a new or existing savings account and receive a free U. S. Silver Dollar worth many times its face value.

Sorry, Limit 1 Silver Dollar Per Account

TOP AREA RATES

		RATE	COMPOUNDIN
PASSBOOKS:	Withdraw Anytime	5¼%	Dai
CERTIFICATES ★			
90 Day	$100 Minimum Deposit	5¾%	Quarter
1 Year	$1,000 Minimum Deposit	6½%	Quarter
2 1/2 Year	$1,000 Minimum Deposit	6¾%	Quarter
4 Year	$1,000 Minimum Deposit	7½%	Quarter
6 Year	$1,000 Minimum Deposit	7¾%	Continuou

★ Substantial Penalty Required For Early Withdrawal

Appomattox Office

Lynchburg Federal Savings and Loan Association

Phone 352-7168

Triangle Plaza Shopping Center, Appomattox, Va.

"The South 40"
by JAMES A. SMITH
EXTENSION AGENT

Let's review the 1974 weather data and make some comparisons. There was 41.88 inches of rain, 10 inches of snow, 91 days when the temperature was 32° or less and 5 days with temperature 90° or higher.

The last frost date was April 1 and the first frost date on October 3. In 1974 we had 174 growing days. The lowest temperature was on February 1 with 15° and the highest on July 16 with 93°.

We've been collecting weather data since 1966 but in November 1974 for the first time we had on Nov. 15 a high of 70 degrees.

There were only seven days when we had an inch or more rain in a 24 hour period. The driest rainfall was in September with 2.15 inches in 24 hours.

In 1966 there were 36 days with temperatures 90° or higher. In 1969 there were 119 days with lows of 32° or less.

The past year from September 29 to November 11, four-days, there was only 2 inches of rain. This largely accounts for the poor stand of fall grain we see this winter.

* * *

Last week we invited in a group of farmers representing the five major commodity groups in the county - dairy - swine - crops - and tobacco.

One of the things that came out of this discussion was the opportunity for a group of farmers to, visit other areas to observe farming operations. Several counties in Virginia have been doing this for a number of years. The Bedford County Extension Agent shared with the group some background on the 10 tours Bedford farmers have made. This would be a 4 day tour leaving on Thursday morning and returning Sunday evening. The thinking is that this would take place in late July or early August. After wheat harvest but before corn silage and tobacco harvest begins. The costs would be $65-$75 per person.

We need to determine the interest among farmers in this area in such a tour. It will require about 35 farmers to make it go.

If you are interested, we would like to know within the next several weeks - a committee would be set up to make the arrangements - develop a criteria and determine the area to be visited.

* * *

Farmers Tax Guide and **Farm Record Books** are available are available from this office. Stop by and pick up yours.

* * *

Voter Certification Forms, for voting in the upcoming Beef Referendum, are available from this office. If you did not receive a copy and own 10 or more head of cattle, you should file a certification form in order to be eligible to vote.

* * *

PRECIPITATION

Last Week	.74
This Month	.74
This Year	.74

RED OAK BAPTIST CHURCH

Sunday School - 9:45 a.m.
Supt. - Berkley Cabaniss
Worship Service - 10:55 a.m.
G. E. Hughes, Pastor
Training Union - 6:30 p.m.
Director - Harry Lucado
Evening Service - 7:30 p.m.
Tuesday, Jan. 7 - WMU Circle Meeting - 7:30 p.m.
Wed., Jan. 8-7 p.m. - Prayer Service and Bible Study; 8 p.m. - Choir Practice
Mon., Jan. 13 - BWC Meeting

Hollywood

Rev. Paul Balthaser of Palmer Springs, Va. will preach at the 11 o'clock service at Hollywood Church Sunday morning January 12th.

Rev. and Mrs. Otis Smith and Mrs. W. T. Covington were guests of Mr. and Mrs. Robert Coleman Wednesday.

Mrs. Hazel Harvey visited Mr. and Mrs. L. H. Watson, Sr. Friday.

Mr. and Mrs. Julian Jenkins of Lynchburg were visitors Sunday afternoon of Mr. and Mrs. H. W. Jenkins.

Mrs. Ioan Mayberry and Mr. and Mrs. Ryland Mayberry, of Newport News, spent the week end with Mr. and Mrs. Kenneth Deaner and family. Mrs. Ioan Mayberry will spend some time in the Deaner home.

Mr. and Mrs. J. A. Woodall spent New Year's Day in Richmond with their son and daughter-in-law, Mr. and Mrs. Jimmie Woodall.

Mr. and Mrs. Edward Greer and family, of Hampton, were guest in the home of Mr. and Mrs. L. L. Webb and family during the Christmas holidays.

Mr. and Mrs. L. H. Watson, Sr. spent Saturday with Mr. and Mrs. Harry Johnson and family of Vernon Hill.

Mr. and Mrs. Robert Coleman and Mrs. W. T. Covington were guest Monday of Rev. and Mrs. Otis Smith.

Mr. and Mrs. Rufus Wingfield and son spent a few days last week at their home in the country.

We are so glad to hear Mrs. Arlis Maxwell and daughters were not seriously hurt Sunday in an auto accident.

Mr. H. W. Jenkins, Mrs. W. H. Wingfield and Mrs. Mary Bagby called in the home of Mrs. Mae Slough Wednesday afternoon. We are so glad she is improving nicely after a recent operation.

We were very sorry to hear Mrs. J. L. Terrence is on the sick list. We pray she may soon be well.

Mrs. W. H. Wingfield and Mrs. Mary Bagby were dinner guest Monday of Mrs. Artie Tweedy and family of Rustburg. They called in the home of Mr. and Mrs. Kit Reynolds and family of Spout Spring Monday afternoon.

Mr. and Mrs. Basil King and family of Covington spent Wednesday night with Mr. and Mrs. Thomas Woodall and family. Mrs. Mary Bagby was a luncheon guest in the home Sunday.

Mr. and Mrs. W. H. Wingfield and Julia visited Mr. and Mrs. W. F. Woodall and Mr. and Mrs. Walker Woodall and family of Lynchburg Saturday night.

Mrs. Mary Bagby was a supper guest of Mr. and Mrs. J. A. Woodall Monday evening. Mr. and Mrs. W. H. Wingfield and Mr. and Mrs. Jackie Woodall and Windy called in home Monday night.

Mr. and Mrs. Robert Coleman and Mrs. Otis Smith were luncheon guest Saturday of Mrs. W. T. Covington.

Mr. and Mrs. Bob Prosise and family of Richmond visited Mr. and Mrs. Raymond Franklin and family during the Christmas holidays.

Mr. and Mrs. R. M. Webb were visitors Sunday afternoon of Mr. and Mrs. Earl Beasley of Appomattox.

CVCC Offers Business Courses

Five special interest courses in accounting, insurance, and real estate will be offered at nights at Central Virginia Community College during the winter quarter starting Mon, Jan. 6. All courses carry three credits and meet weekly from 7:00 to 9:40 p.m.

Accounting courses include Taxes I on Monday nights and Auditing I on Wednesday nights. Taxes I places emphasis on the preparation of individual tax returns. Auditing I is the first of a two-quarter sequence designed around investigating, interpreting, and appraising accounting records.

The courses in insurance and real estate partially satisfy educational requirements established recently in legislation regulating minimal educational requirements for persons taking entrance exams in these fields.

Principles of Insurance, on Tuesday nights, gives an overview of all types of insurance and qualifies as thirty hours of credit towards the Certificate of Qualification.

Principles of Real Estate I, on Monday nights, is the first half of a two-quarter sequence which meets educational requirements after July 1, 1975, for persons taking the sales exam. Real Estate Sales will be offered on Tuesday nights, and meets half of the educational requirements for anyone taking the broker's exam after July 1, 1975. Real Estate Appraisal is scheduled for the spring quarter.

Additional information about these classes can be received by calling the Division of Business and Public Services at Central Virginia Community College.

Methodists Schedule Observance

Richmond - United Methodists across Virginia are being asked to join the denomination's observance of January 26 as "Human Relations Day."

The special observance was established in 1972 and replaced what had been known as "Race Relations Sunday." The new emphasis is much broader in its scope than the earlier program.

A national goal of one million dollars has been set for a special offering to be received in every congregation. The offering is to be divided as follows:

- $375,000 to United Methodist Voluntary Service programs;
- $340,000 to Community Development programs in Black, indigenous Hispanic, and other ethnic minority groups;
- $250,000 for a Minority Scholarship and In-Service Training Program for the four basic ethnic minority groups within the United Methodist Church (Asians, Blacks, Hispanics, Indians);
- $35,000 for programs in Police - Community Relations.

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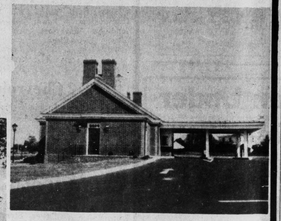

And Downtown

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STOREWIDE DISCOUNT PRICES EVERYDAY!

January Clearance Sale

Ladies Polyester **Pant Suits** Misses and Half Sizes. Originally up to $15.00 — $9.88

Girls **Dresses** Sizes 4 to 12 Regular Price $3.50 — $1.48

Ladies **Sweaters** Special Group - Short and Long Sleeve Slipovers - Size 34 to 40 — $2.88

Ladies Tops Many Styles and Fabrics from which to choose — $2.88

Girls Slacks Plaids and Solids — $2.88

Girls Jackets Corduroy or Quilted — $3.88

Quilted Robes Ladies Waltz Length. Size S-M-L — $3.88

Mens **Sweaters** Heavy Weight Knit, Cardigan - Turtle, Crew. Original Price $4.00 — $2.88

Mens **Knit Slacks** 100% Polyester Plaids and Solids — $6.87

Boys Jackets Quilt Lined - Heavy Weight. Size 6 - 16 — $6.88

Mens Jackets Quilt Lined - Heavy Weight — $9.88

Mens Socks Dress Crew Style in Orlon Acrylic — 2 For $1.00

Chenille Bedspread Full Size Machine Washable. Original Price $6.47 — $2.88

JANUARY **COLORFUL WHITE SALE**

THICK & THIRSTY TERRY **BATH TOWEL** 97¢ Jacquards & Solids. WASH CLOTHS 2 for 97¢ To Match

MIX or MATCH NO-IRON **SHEETS** TWIN Fitted or Flat 2 for $5.00; FULL Fitted or Flat 2 for $6.00; PILLOWCASES 2 for $2.17

TWIN or DOUBLE 72" x 90" **BLANKETS** 2 FOR $7. Gold, Avocado, Blue with Nylon Bindings. Slightly Irregular

2 PC. POLYESTER SHAG **BATH SET** $2.00 Lid Cover & 20" x 30" Rug. Slightly Irregular

SPUNBOUND POLYESTER **MATTRESS PAD** $2.97 Full Size Machine Washable. Slightly Irregular

WIPE CLEAN-FLANNEL BACK **TABLE CLOTH** $1.97 Solids & Prints - Plastic 52" x 52", 70", 90", & 60" Round. Slightly Irregular

KNITTING YARN 100% Dupont Orlon® Acrylic. 13 Beautiful Colors 77¢

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"CHAIN LINKED" KNIT **CURTAINS** $1.97 No-Iron; 58" x 81" White, Gold, Green, Tangerine

3 PC. SETS in PLASTIC **DRAPERY** Prints & Solids, Valance, 84" Long 67¢ OR **CAFE SET** 36" Long Prints & Colors

Store Hours: Monday thru Friday 9 a. m. to 9 p. m., Saturday 9 a. m. to 6 p.m.

Triangle Plaza Shopping Center, Appomattox, Va.